

Exploring Tibetan and Western Approaches to the Mind and Consciousness

Friday 21st July to Sunday 23rd July 2017

Centro Incontri Umani, Ascona, Switzerland. Jointly organized by the Centro Incontri Umani and the Body, Health and Religion Research Group, Cardiff University

Friday 21st July

18.45: Meet at Centro Incontri Umani at 6.45 p.m. to walk to Monte Verità

19.30: Dinner at Monte Verità

After dinner: People introduce themselves briefly; short intro by Angela Hobart (20-30 min) and Geoffrey Samuel (10 min)

Saturday 22nd July

Session 1 (Chair: Angela Hobart) – Seminar Room, Centro Incontri Umani

09.30-10.45: **Susannah Deane**: *rLung, mind and mental health: the “wind” humour in Tibetan conceptions of mind and mental health*

Discussant: Ruth Smith

10.45-11.15: BREAK

11.15-12.30: **Geoffrey Samuel**: *Unbalanced Flows in the Subtle Body: Tibetan understandings of Psychiatric Illness and How To Deal With it*

Discussant: Maria Kozhevnikov

12.30-14.00: Housekeeping & expenses (Betina Hermes) followed by LUNCH

Session 2 (Chair: Susannah Deane) – Seminar Room, Centro Incontri Umani

14.00-15.15: **Sonu Shamdasani**: *Western notions of the mind and consciousness: ways in which they have been applied to other cultures*

Discussant: Judith Pickering

15.15-15.45: BREAK

15.45-17.00: **Maria Kozhevnikov**: *Enhancing human cognition through Vajrayana practices*

Discussant: Güzin Yener

18.00-20.00: **Rev Francis Tiso**: Public Talk at Monte Verità: *The Death and Dying problem in the research on the rainbow body: Anthropological and Psychological Reflections*

(Intro by Angela Hobart and Geoffrey Samuel)

20.00 onwards dinner at Monte Verità

Sunday 23rd July

Session 3 (Chair: Sonu Shamdasani) – Seminar Room, Centro Incontri Umani

09.30-10.00: **Francis Tiso**: Further discussion of paper

10.00-11.15: **Güzin Yener**: *Sadhana: a psychodynamic approach*

Discussant: Susannah Deane

11.15-11.45: BREAK

11.45-13.00: **Ruth Smith**: *Orthodox psychiatry and alternative approaches*

Discussant: Geoffrey Samuel

13.00-14.00: LUNCH

Session 4 (Chair: Geoffrey Samuel) – Seminar Room, Centro Incontri Umani

14.00-15.15: **Judith Pickering**: *I do not exist: nameless dread, anātman and alterity*

Discussant: Geoffrey Samuel

15.15-15.45: BREAK

15.45-17.00: ROUNDTABLE DISCUSSION and publication plans

17:00-19:30 At leisure/Walk

19:30 dinner at Monte Verità